

Optional Practical Training (OPT) Recommendation Request

Optional Practical Training (OPT) is the opportunity to apply knowledge gained in your program of study to off-campus work in your major field. OPT is authorized by the U.S. Citizenship and Immigration Services (USCIS).

To be eligible for OPT, you must: **(1) have been in full-time student status for at least one academic year by the requested start date of your OPT, and (2) be maintaining valid F-1 status at the time of the application, and (3) have not used OPT at the same degree level previously.**

STUDENT INFORMATION – This section is to be completed by the student

Last Name:		First Name:	
EFSC ID #:		SEVIS #:	
Email:		Phone:	
Degree Level: <input type="checkbox"/> AA <input type="checkbox"/> AS <input type="checkbox"/> BAS	Major:	Expected degree completion date:	

Type of OPT: An F-1 student may be authorized up to a total of 12 months of full-time practical training at each educational level (e.g., undergraduate, graduate and post-graduate). If the student chooses to engage in pre-completion OPT, he or she may not work more than 20 hours per week while school is in session, but may work full-time during his or her annual vacation and other times when the school is not in session. If a student engages in pre-completion OPT, the student's eligible period of post-completion OPT will be reduced by 1 month for every 2 months of part-time pre-completion OPT that is worked when he or she graduates.

I am requesting recommendation for:

Pre-Completion OPT: Part-Time Full-Time OR Post- Completion OPT (Full-time only)

This is the first time I have requested OPT from any US college or university

I have previously requested OPT (must attach previous I-20 and copy of EAD card)

Dates Requested: _____ Degree Level: _____

I would like to work from (begin date) _____ to (end date) _____

Explain how OPT will be directly related to your major/ field of study:

STUDENT CERTIFICATON (Required)

<input type="checkbox"/> I understand that OPT must directly relate to my field of study and degree level. <input type="checkbox"/> I take personal responsibility to understand and adhere to the OPT restriction and regulations as indicated by USCIS <input type="checkbox"/> I am solely responsible for making sure my application packet is complete and for mailing it to USCIS <input type="checkbox"/> I should not be unemployed more than an aggregate 90 days while on 12-month post-completion OPT <input type="checkbox"/> I will report to ISS within ten days any changes in employer, U.S. address, or change to another visa type.	
Student Signature _____	Date _____

INTERNATIONAL STUDENT SERVICES AUTHORIZATION

<input type="checkbox"/> Student has been in full-time status for at least one academic year <input type="checkbox"/> Student is in good academic standing and is making normal progress toward degree completion <input type="checkbox"/> Student degree audit shows expected final semester is _____	
<input type="checkbox"/> Approved <input type="checkbox"/> Denied DSO Signature: _____	Date _____